

## ADEC Office Locations

### Preston – Head Office

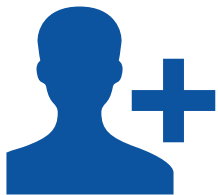
175 Plenty Road, Preston VIC 3072

### Werribee Office

4A Watton Street, Werribee VIC 3030

### Dandenong Office

1/50 Thomas Street, Dandenong VIC 3175



### Contact us:

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Email: [info@adec.org.au](mailto:info@adec.org.au)

 @ADECINC  @ADECnfp  @ADEC\_AUSTRALIA

[www.adec.org.au](http://www.adec.org.au)

ADEC acknowledges support received from the Australian and Victorian Governments

## ADVOCACY PROGRAM



**Supporting people to overcome barriers that prevent their access to services**

Action on Disability within Ethnic Communities Inc.  
ABN: 32 390 500 229

# ADEC-Empowering people with disabilities from ethnic backgrounds!



## About ADEC

ADEC is a State-wide organisation that supports people with disability or who are frail, their carers and family members from ethnic backgrounds to access the supports they need.

## ADEC's Advocacy Program

Assists people to understand and access services to enable them to achieve their goals.

### ADEC provides:

- **Individual Advocacy:** On a one-to-one basis
- **Family Advocacy:** On behalf of you or a family member
- **Self-Advocacy:** Supports you to advocate for yourself

## Eligibility

You are from an ethnic background and:

- Live with a disability
- A carer or family member of a person living with a disability
- You are socially isolated

## How ADEC can help you

Our advocates will:

- Listen to what you want
- Support you at meetings
- Tell you about services:
  - ▶ Centrelink
  - ▶ Housing
  - ▶ Transport
  - ▶ Disability Support
- Help you choose the services you want
- Assist you to access entitlements and benefits
- Help you to fix your problem
- Keep your information private



**An interpreter can be arranged for you**  
**This service is free**