



An interpreter can be arranged for you
This service is free

Our friendly staff speak a variety of languages and are culturally sensitive



ADEC Office Locations

ADEC Head Office - Preston

Address: 175 Plenty Road, Preston. VIC. 3072

Werribee Office

Address: 4A Watton St, Werribee, VIC. 3030

Dandenong Office

Address: Suite 1, 50 Thomas St, Dandenong, VIC 3175.



Contact us:

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Email: info@adec.org.au

Toll Free: 1800 626 078

ABN: 32 390 500 229

Visit our website for information about our organisation and the services we provide. Please sign up to our mailing list to stay informed about what's happening at ADEC.



www.adec.org.au



ADEC SERVICES



Supporting people living with a disability or who are frail, and their carers from multicultural communities, for over 35 years



About ADEC

ADEC is a State-wide organisation that supports people with disability or who are frail, their carers and families from ethnic backgrounds to access the supports they need.

ADEC Services:

- Advocacy Support
- Disability Support
- Social Support
- Access & Support
- NDIS Support
- Aged Care
- Capacity Building

Eligibility

You are from an ethnic background and:

- Live with a disability or mental illness
- A carer or family member of a person living with a disability
- You are socially isolated

Or

- You have an NDIS plan
- You have a Home Care package

How ADEC can help you

Advocacy

ADEC's Advocacy Program assists people to understand and access services to enable them to achieve their goals.

We achieve this through individual, family and self-advocacy.

Disability Support

ADEC's Disability Support Program supports NDIS participants to gain knowledge, skills and confidence to achieve their goals.

We achieve this through community access, personal care and developing independent living skills.

NDIS Support

ADEC's NDIS Support Program assists NDIS participants to reach their goals in their NDIS plan.

We achieve this through Support Coordination, Disability Support, Plan Management, Reviews and Appeals.

Aged Care

ADEC's Aged Care Program supports older people with a Home Care Package to live independently at home.

We achieve this by providing home care services and package support.

Access & Support

ADEC's Access & Support Program provides short term support for frail older people, younger people with a disability and their carers, who need help to stay living at home.

This is achieved through identifying support services that are available and assisting people to access them.

Social Support Groups

ADEC's Social Support Program provides language specific peer support groups to people from ethnic backgrounds who are either living with a disability, including mental illness, frail, or a carer.

The groups are run on a monthly basis all over Melbourne.

Capacity Building

ADEC'S Capacity Building Program aims to build the capacity of ethnic communities through:

- Wellbeing programs
- Education and training
- Support with NDIS transition
- Community engagement
- Partnerships with like-minded service providers
- Creating connections between ethnic communities and other service providers