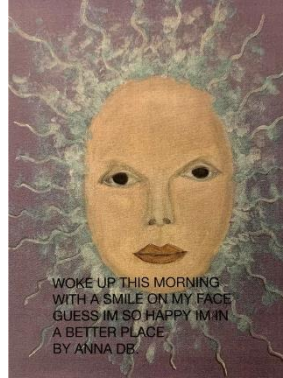


## Free Art Workshops



Do you want to:

- Meet **new friends**
- Be **creative**
- Learn **new art skills**
- Have a **safe space to express** creatively
- Have the option to create **artwork for an exhibition**

ArtAbility® is an art program for people living with a **disability**, those who may experience **mental health challenges** and people who come from **culturally diverse backgrounds** where **English isn't their first language**. The program aims to build the participants' confidence as artists and in general. ArtAbility offers a safe space for people to meet new friends and share and express through the healing power of creativity.

### When:

**Every Wednesday until 6<sup>th</sup> April 2022**  
**Time: 10:30 am to 11:30 am**

### Location:

**Melton Central Community Centre**  
**239 Station Rd, Melton, 3337**  
Refreshments and art materials  
will be provided

For further information, please contact Jacqui on 0490 074 868 or  
03 9480 7000 (select option 2) or email [artability@adec.org.au](mailto:artability@adec.org.au)

Registration is Essential

The session is free of cost to the community members.