

ACTION on DISABILITY within ETHNIC COMMUNITIES Inc.

ABN: 32 390 500 229

Group Activities Program 2022

As at 2 November 2022

Carers Support Groups

| No | Group Ethnicity | Region | Facilitator | Meetings On | Meeting Venue |
|-----|-------------------------------|--------|---------------------------------------------------------------------------|------------------------------|--------------------------------------------------|
| 1. | Afghan Social Support Group | South | Shaima Shabaz: shaima@adec.org.au | 3 rd Wed of month | ADEC Dandenong 1/50 Thomas St, Dandenong 3175 |
| 2. | Chinese Social Support Group | North | Cheng Zheng: cheng@adec.org.au | 3 rd Thu of month | ADEC Preston 175 Plenty Rd, Preston, 3072 |
| 3. | Chinese Social Support Group | South | Cheng Zheng: cheng@adec.org.au | 4 th Fri of month | ADEC Preston 175 Plenty Rd, Preston, 3072 |
| 4. | Japanese Social Support Group | North | Ai Kageyama: ai@adec.org.au | 2 nd Wed of month | ADEC Dandenong 1/50 Thomas St, Dandenong 3175 |
| 5. | Karen Social Support Group | West 1 | Monday Kunoo: monday@adec.org.au | TBA | ADEC Werribee 4A Watton Street, Werribee 3030 |
| 6. | Karen Social Support Group | West 2 | Monday Kunoo: monday@adec.org.au | TBA | ADEC Werribee 4A Watton Street, Werribee 3030 |
| 7. | Karenni Social Support Group | West 1 | Vacant | TBA | ADEC Werribee 4A Watton Street, Werribee 3030 |
| 8. | Karenni Social Support Group | West 2 | Vacant | TBA | ADEC Werribee 4A Watton Street, Werribee 3030 |
| 9. | Turkish Social Support Group | South | Nazli Calsimsek: nazli@adec.org.au | 1 st Wed of month | ADEC Preston 175 Plenty Rd, Preston, 3072 |
| 10. | Turkish Social Support Group | North | Nazli Calsimsek: nazli@adec.org.au | 1 st Tue of month | ADEC Preston 175 Plenty Rd, Preston, 3072 |

ACTION on DISABILITY within ETHNIC COMMUNITIES INC.

Group Activities Program 2022

| | | | | | |
|-----|---------------------------------|------------|---------------------------------------------------------------------------|------------------------------|----------------------------------------------|
| 11. | Turkish Social Support Group | West | Nazli Calsimsek: nazli@adec.org.au | 2 nd Wed of month | ADEC Preston 175 Plenty Rd, Preston, 3072 |
| 12. | Turkish Social Support Group | Whittlesea | Nazli Calsimsek: nazli@adec.org.au | 3 rd Tue of month | ADEC Preston 175 Plenty Rd, Preston, 3072 |
| 13. | Vietnamese Social Support Group | South | Trinh Phan: trin@adec.org.au | 3 rd Tue of month | ADEC Preston 175 Plenty Rd, Preston, 3072 |
| 14. | Vietnamese Social Support Group | North | Trinh Phan: trin@adec.org.au | 2 nd Thu of month | ADEC Preston 175 Plenty Rd, Preston, 3072 |
| 15. | Vietnamese Social Support Group | West | Trinh Phan: trin@adec.org.au | 4 th Tue of month | ADEC Preston 175 Plenty Rd, Preston, 3072 |

High Needs Groups

| No | Group Ethnicity | Region | Facilitator | Meetings On | Meeting Venue |
|----|-------------------------------|------------|--------------------------------------------------------------------------|------------------------------|--------------------------------------------------|
| 1 | Afghan High Needs Group | South | Vacant | TBA | ADEC Dandenong 1/50 Thomas St, Dandenong 3175 |
| 2 | Arabic High Needs Group | West 1 | Marian Hanna: marian@adec.org.au | 1 st Thu of month | ADEC Preston 175 Plenty Rd, Preston, 3072 |
| 3 | Arabic High Needs Group | West 2 | Marian Hanna: marian@adec.org.au | 2 nd Thu of month | ADEC Preston 175 Plenty Rd, Preston, 3072 |
| 4 | Arabic High Needs Group | West 3 | Marian Hanna: marian@adec.org.au | 3 rd Tue of month | ADEC Preston 175 Plenty Rd, Preston, 3072 |
| 5 | Arabic High Needs Group – MAC | Whittlesea | Marian Hanna: marian@adec.org.au | 1 st Tue of month | ADEC Preston 175 Plenty Rd, Preston, 3072 |
| 6 | Arabic High Needs Group | Whittlesea | Marian Hanna: marian@adec.org.au | 3 rd Tue of month | ADEC Preston 175 Plenty Rd, Preston, 3072 |
| 7 | Chinese High Needs Group | North | Cheng Zheng: cheng@adec.org.au | 2 nd Tue of month | ADEC Preston 175 Plenty Rd, Preston, 3072 |

ACTION on DISABILITY within ETHNIC COMMUNITIES INC.

Group Activities Program 2022

| | | | | | |
|----|--------------------------|------------|---------------------------------------------------------------------------|------------------------------|---------------------------------------------------|
| 8 | Chinese High Needs Group | South | Cheng Zheng: cheng@adec.org.au | 3 rd Fri of month | ADEC Preston 175 Plenty Rd, Preston, 3072 |
| 9 | Chinese High Needs Group | Whittlesea | Joy Ding: joy@adec.org.au | 1 st Fri of month | ADEC Preston 175 Plenty Rd, Preston, 3072 |
| 10 | Karen High Needs Group | West | Monday Kunoo: monday@adec.org.au | TBA | ADEC Werribee 4A Watton Street, Werribee 3030. |
| 11 | Turkish High Needs Group | South | Nazli Calsimsek: nazli@adec.org.au | 3 rd Wed of month | ADEC Preston 175 Plenty Rd, Preston, 3072 |
| 12 | Turkish High Needs Group | Whittlesea | Nazli Calsimsek: nazli@adec.org.au | 4 th Wed of month | ADEC Preston 175 Plenty Rd, Preston, 3072 |

Mental Health/Wellbeing Support Groups

| No | Group Ethnicity | Region | Facilitator | Meetings On | Meeting Venue |
|----|----------------------------------------|--------|---------------------------------------------------------------------------|------------------------------|--------------------------------------------------|
| 1 | Afghan Mental Health Group | South | Shaima Shabaz: shaima@adec.org.au | 2 nd Wed of month | ADEC Dandenong 1/50 Thomas St, Dandenong 3175 |
| 2 | Chinese MH Support Group | South | Joy Ding: joy@adec.org.au | 2 nd Thu of month | ADEC Preston 175 Plenty Rd, Preston, 3072 |
| 3 | Chinese MH Support Group | North | Joy Ding: joy@adec.org.au | 2 nd Tue of month | ADEC Preston 175 Plenty Rd, Preston, 3072 |
| 4 | Vietnamese Mental Health Support Group | North | Trinh Phan: trin@adec.org.au | 2 nd Tue of month | ADEC Preston 175 Plenty Rd, Preston, 3072 |