



How can our Support Workers assist you?

Are you looking for dedicated support to enhance your daily life and reach your personal goals?

ADEC can provide you with experienced support workers to help with your daily life and to work towards achieving your personal goals.

Help you in your home with

- Personal Hygiene – e.g. Assistance with toileting, showering, dressing and shaving
- Household Duties – e.g. Cleaning and general tidying
- Mealtime Assistance – e.g. Meal planning and meal preparation
- Creating Daily routines – e.g. Assisting you with grocery shopping, exercise or therapy programs, leisure activities and transport to medical appointments

Help you feel connected by

- Connecting you with like-minded people
- Attending social groups with you
- Visiting family and friends

Additional ways we can help

- Holiday support
- Companionship: Ensuring you are never alone
- Safety and Well-being: Your security and health are our top priority



Our Support Workers and their clients



ADEC Support Worker Dragana who supports our NDIS client Maria on a weekly basis. The two have been collaborating closely and relishing each other's company.



Jacqui supports our NDIS client Liam multiple times per week and the pair have built a great rapport.

Liam enjoys having Jacqui assist with his community access goals and providing transport to school.

Contact Us



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