



Home Care Packages (HCP)

Who is ADEC?

With over 42 years of experience, ADEC is a trusted not-for-profit leader in providing innovative advocacy, disability, and aged care services to multicultural Victoria.

Our services are personalised and tailored to each client's unique needs. Our Home Care Packages are designed for older individuals to enhance the quality of your life, promote your independence, and ensure your well-being while allowing you to enjoy in the comfort of your own home.

What is HCP?

This is a government-funded program tailored for those with complex care needs, particularly people aged 65 and over, to live independently in their own homes. There are four levels of Home Care Packages, each with varying subsidies based on care needs.

What does HCP offer?

- **Personalised Funding:** Freedom to allocate your funds as per your unique needs
- **Expert Guidance:** Our Care Managers assist you to create a tailored Care Plan
- **Long-term Support:** Once you have a package, it stays with you long term

Your eligibility is assessed by the Aged Care Assessment Team (ACAT)

Why Choose Us?

- Not-for-profit serving the community for over 42 years
- Specialists in supporting ethnic communities
- We tailor personalised services according to your assessed care needs
- We speak your language, our support workers are bi-lingual and we can arrange interpreters free of charge
- Our services cover all areas of Metropolitan Melbourne.

Contact Us



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What makes ADEC different?

At ADEC, we work closely with individuals and their families to ensure that care planning is tailored to meet care needs. Our priority is to help individuals live independently at home for longer.



Comprehensive Home Care Package Management

We offer expert care management for Levels 1 to 4 Home Care Packages.



Personalised Support

You will have a dedicated clinical care partner who will create a personalised care plan, ensuring your needs are met at every stage.



Clinical Expertise

Our Case Managers hold qualifications in nursing, ensuring that clients' clinical and support needs are comprehensively addressed.



Multilingual Support

We speak your language - we can arrange interpreters free of charge. We go the extra mile to ensure that you feel comfortable and understood, matching you with support workers who align with your preferences in language, background and more to ensure a more personalised experience. We have a diverse support worker group that speaks more than 32 languages including: Hindi, English, Somalian, Korean, Turkish and many more.

Our wide ranges of services

Personal Care

- Help with dressing, showering, and toileting
- Meal preparation
- Advice and assistance to make the home safer and easier to live in
- Medication management
- Wellness checks and injury recovery support
- Continence management
- Help to maintain movement and mobility
- Nursing and Support Worker Services
- Help with procuring aides and equipment

In-home Respite Care

- In-home Respite care and companionship (day visits or overnight stays)

Community Access

- Transport (independent or assisted)
- Help with outings (shopping, attending activities and appointments). ADEC supports our clients to access their community for recreational, social, and health purposes.

Domestic Support

- Help to move around the house safely
- Meals | Cleaning | Laundry

Home & Garden Maintenance

- Gardening (weeding, pruning and lawn mowing)
- Minor Home Maintenance (cleaning windows and gutters, changing smoke alarm battery.)