ADEC



Join Our Free Social Connection Workshops

Are you feeling isolated or disconnected from your community?

Do you want to meet new people and engage in meaningful activities?

Our Social Connection Program is here to help you foster connections and enrich your life!

Come and join us!

- Meet new people, play games, explore creative arts, and enjoy a variety of engaging activities.
- We also offer potential pathway referrals, which may include:
 - In-home servicesCommunity health servicesSocial support
 - Meal services
 Linkages to additional support, and more

Join this free social group for ages 18-65 to connect, learn, and build confidence through fun, meaningful activities. Be part of a welcoming community





2 Community Drive, Gre

2 Community Drive, Greensborough (Greenhills Neighbourhood House)

