Advocacy Support

Helping You Understand Your Rights and Access the Support You Need



Free support, every step of the way

When you're facing a challenge, it's important to know that you don't have to navigate it alone.

ADEC's Advocacy team can help you understand your rights, explore your options, and speak up about the issues affecting your life.

We are committed to ensuring your voice is heard and that you feel supported, respected, and empowered every step of the way.

ADEC Advocacy can help you with

- Accessing the NDIS and other Disability Services
- Support for lodging formal complaints
- Accessing Disability Aid
- Accessing Respite, Personal Care and Carer Payments
- Navigating matters through the Victorian Civil and Administrative Tribunal (VCAT)
- Applying for the Disability Support Pension (DSP)
- Accessing Referral Support

Who can access ADEC Advocacy?

You may be eligible for ADEC Advocacy if you:

- Live with a disability
- Are a carer, or a family member of a person living with a disability
- Live in Victoria (state wide)

Independent Advocacy – What this means for you

ADEC provides independent advocacy, which means:

- Advocates work only in your best interests
- Advocates are not service providers
- Advocates support your choices — not make decisions for you
- Your information is kept private and confidential

To maintain independence

If you are receiving advocacy services from ADEC, we are not able to provide you with other ADEC services.

Your benefit

You receive fair, unbiased support you can trust.

Your rights matter

You have the right to:

- Be treated with respect
- Make your own choices
- Ask questions and get clear answers
- Raise concerns without fear

We are here to protect your rights and support your voice.

(03) 9480 7000 info@adec.org.au www.adec.org.au

Advocacy Support

Getting Advocacy Support

Getting support is simple. We will:

- Listen to your concerns
- Explain your options clearly
- Help you understand your rights
- Support you to make your own decisions
- Help you take the next steps

You stay in control — we are here to support you.

How we can help you

We make complex systems easier to understand and navigate by providing:

- Multilingual and culturally responsive support
- Free interpreter services when required
- Clear information about your rights, options, and available supports
- Support with applications, paperwork, and required documentation
- Individualised support tailored to your circumstances and goals
- Outreach support where additional assistance is needed

Why choose ADEC?

- Since 1982 supporting multicultural communities
- Verified CALD Specialist provider
- Multilingual and culturally responsive support
- Experienced advocacy and support team
- Clear and easy-to-understand guidance
- Trusted not-for-profit organisation

(03) 9480 7000 info@adec.org.au www.adec.org.au