In Home Services

Support That Respects Who You Are



We're here for you, every step of the way

At ADEC, we understand that the right support can make a real difference in your daily life.

Our In Home Services are designed to help you stay independent, feel supported, and live with confidence.

We work with you and your family to provide care that is reliable, respectful, and tailored to your needs.

Joining the ADEC family

Getting started is simple. Our team will take the time to understand your needs and preferences. You are always in control - we are here to support you.

We will:

- Understand your goals and daily routine
- Match you with the right support worker
- Set up services that work for you

Consistent and reliable care

Many people experience frequent staff changes and inconsistent support, which can be stressful and uncomfortable. At ADEC, we focus on continuity and stability, so you feel comfortable with familiar faces and trusted support.

We:

- Provide consistent support workers wherever possible
- Ensure your care meets your needs
- Maintain clear communication

Support that understands your culture

We recognise the importance of culture, language, and family values. You receive care that feels comfortable, respectful, and right for you. We:

- Provide support in your language
- Match you with workers who understand your culture
- Deliver services in a way that feels familiar and respectful

Our Services Include

- Personal care and daily living support
- Assistance with household tasks
- Community access and social support
- Transport and appointment support

Why choose ADEC

- Person-centred support tailored to your goals and needs
- Consistent support workers wherever possible
- Multilingual and culturally responsive services
- Verified CALD Specialist provider
- Since 1982, supporting multicultural communities
- Staff who speak 33+ languages
- Strong clinical oversight and professional standards
- Trusted not-for-profit organisation focused on community wellbeing

Supporting you every day

Your ADEC team is always here to help. You can contact us anytime for:

- Changes to your services
- Support and advice
- Questions or concerns

We make sure your support continues to meet your needs.

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